

Campus

Fundación



2016

26th JUNE - 23th JULY



Sign Up this summer for the

SPANISH FOOTBALL FEDERATION CAMPUS

Make your
Dreams come
True

Come to our Campus and feel the excitement of wearing the shirt.

Play and have fun in the place where the
Spanish National Football team
lives and trains





A new edition of the **RFEF Foundation Campus** will enable participants aged **4 to 16 years old** to enjoy an unforgettable experience from 26th June to 23th July with a variety of options and timetables to choose from.

At the City of Football in Las Rozas, participants will have the chance to live with other boys and girls in a quality environment specializing in the sport of football.

One of our main objectives is that after the participants have spent time learning with the professionals of the RFEF, under the supervision of **Eduardo Valcárcel**, Director of the RFEF Foundation Soccer School, they will leave the Campus more motivated to play football.

Our educational team is made up of coaches with extensive teaching experience and monitors who have been working at our summer camps for several years. The aim of our dedicated staff is to ensure that participants enjoy themselves and get **the very most out of the learning experience.**



★ EURO 2008 ★

★ WORLD CUP 2010 ★

★ EURO 2012 ★



Our professionals will apply a work program and a philosophy which combine technical and tactical teachings with the development of the individual as a whole by:

- **Encouraging co-existence**, co-operation and interaction among participants by playing football together and promoting values such as friendship, self-esteem, tolerance and fair play.
- **Applying a global training system** which requires participants to resolve technical-tactical situations, emphasizing the importance of decision-taking in sport and thereby fostering the maturity and autonomy of the participants.

RESIDENCE

Our Residence offers rooms with two, three or four beds. All of the rooms are exterior with fully-equipped, en suite bathroom, telephone, TV and air conditioning. It is here that the Spanish National Team stays when it holds its training camps.

MEALS

Meals are planned by our nutritionists to ensure maximum sports performance and are prepared by the same people who prepare the meals for the members of the Spanish National Team.



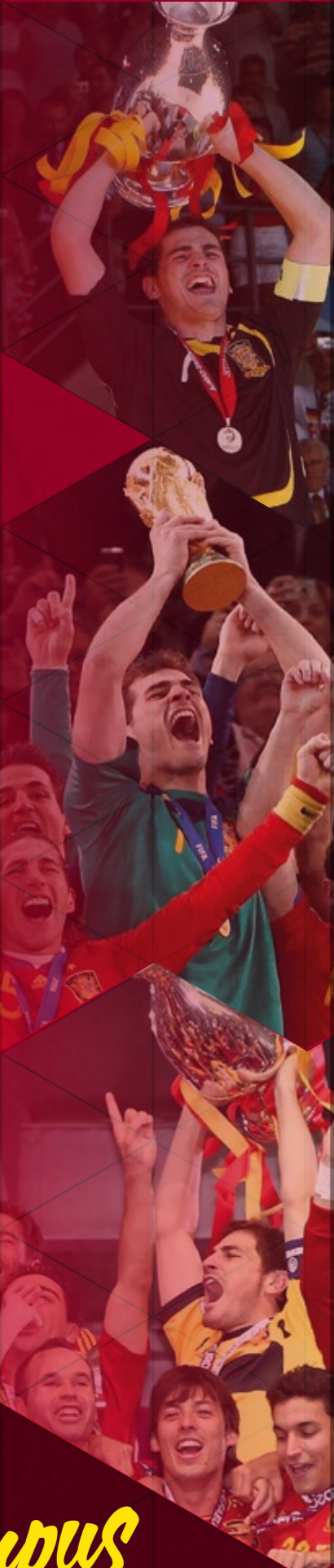


FACILITIES

The sports facilities belong to the Spanish Football Federation (RFEF). They include three natural grass 11-a-side pitches, one artificial turf 11-a-side pitch and one natural grass 7-a-side pitch, as well as an outdoor swimming pool, a gymnasium, an athletics track and a sports hall. These are the facilities used by the Spanish National Team for training.

FREE GIFT

RFEF kit and souvenir photo.



Soccer Campus NON RESIDENTIAL

The non-residential soccer campus is aimed at participants who prefer a non-residential option but who wish to share an integrated training experience with other children based on a combination of soccer and leisure activities aimed at encouraging coexistence, social and individual development and the values associated with the RFEF.

The international soccer skills campus option is aimed at affiliated players who, as well as having achieved a good level of football, wish to improve their physical and tactical performance through soccer programs based on the latest working methods taught by the professionals of the RFEF and also wish to meet and share a memorable experience with children from other countries.



GENERAL "MORNING" 4 - 7 YEARS OLD

27th June - 01st July / 04th - 08th July

GENERAL 8 - 13 YEARS

27th June - 01st July / 04th - 08th July

SOCCER SKILLS 10 - 16 YEARS

27th June - 08th July / 11th - 22th July



Soccer Campus NON RESIDENTIAL SCHEDULE



STANDARD SCHEDULE NON-RESIDENTIAL MORNINGS

- 10:00 Arrival at the City of Football in Las Rozas..
- 10:15 1st Training session City of Football pitches (60').
- 11:15 Break.
- 11:30 2nd Training session – competition (60').
- 12:45 Swim at the City of Football swimming pool in Las Rozas.
- 13:45 Shower.
- 14:00 Depart.

These programs will be adapted on the basis of the group assigned, age and organizational requirements



STANDARD SCHEDULE NON-RESIDENTIAL

- 10:00 Arrival at the City of Football in Las Rozas.
- 10:15 1st training session on City of Football pitches (120').
- 12:30 Break.
- 13:00 Swim at the City of Football swimming pool in Las Rozas.
- 14:30 Lunch in the dining room of the City of Football Residence.
- 15:30 Activities or language class (if you chose this method).
- 17:00 2nd training session-competition (90').
- 18:30 Shower.
- 19:00 Depart from the City of Football in Las Rozas.

These programs will be adapted on the basis of the group assigned, age and organizational requirements



★ EURO 2008

★ WORLD CUP 2010

★ EURO 2012

Soccer Campus NON RESIDENTIAL RATES



GENERAL FOOTBALL NON-RESIDENTIAL - MORNINGS

DATES	27 th June - 01 st July 04 th - 08 th July
AGE	4 - 7 years old
SOCCER	270€

GENERAL FOOTBALL NON-RESIDENTIAL

DATES	27 th June - 01 st July 04 th - 08 th July
AGE	8 - 13 years old
SOCCER	395€
SOCCER + LANGUAGE	530€

SOCCER SKILLS CAMPUS NON-RESIDENTIAL

DATES	27 th June - 08 July 11 th - 22 th July
AGE	10 - 16 years old
SOCCER	1.025€
SOCCER + LANGUAGE	1.295€



★ EURO 2008 ★

★ WORLD CUP 2010 ★

★ EURO 2012 ★

Soccer Campus RESIDENTIAL

The general residential soccer campus is aimed at participants who prefer a non-residential option but who wish to share an integrated training experience with other children based on a combination of soccer and leisure activities aimed at encouraging co-existence, social and individual development and the values associated with the Spanish Football Federation.

The international skills clinic option is aimed at affiliated players who, as well as having achieved a good level of football, wish to improve their physical and tactical performance through soccer programs based on the latest working methods taught by the professionals of the Spanish Football Federation and also wish to meet and share a memorable experience with children from other countries.

GENERAL 10 - 13 YEARS OLD

26th June - 09th July

SOCCER SKILLS 10 - 16 YEARS OLD

26th June - 09th July / 10th - 23th July



Soccer Campus RESIDENTIAL



SOCCER SKILLS CAMPUS RESIDENTIAL

DATES	26 th June - 09 th July 10 th - 23 th July
AGE	10 - 16 years old
SOCCER	1.875€
SOCCER + LANGUAGE	2.145€

GENERAL FOOTBALL RESIDENTIAL

DATES	26 th June - 09 th July
AGE	10 a 13 years old
SOCCER	1.500€
SOCCER + LANGUAGE	1.770€



STANDARD SCHEDULE RESIDENTIAL

- 08:00 Get up and wash/shower.
- 08:30 Breakfast in the dining room of the City of Football Residence.
- 10:00 1st training session on City of Football pitches (120').
- 12:00 Activities.
- 13:00 Swim at the City of Football swimming pool in Las Rozas.
- 14:30 Lunch in the dining room of the City of Football Residence.
- 15:30 Break rooms or language class (if you chose this method).
- 17:00 2nd training session on City of Football pitches - competition (90').
- 18:30 Shower.
- 19:00 Activities.
- 21:30 Dinner at the Football City residence dinig-room.
- 23:30 Beadtime.



Programme Sports

TECHNICAL-TACTICAL EVALUATION OF THE PLAYER

Includes individual analysis of competition play.

ASSESSMENT OF PHYSICAL APTITUDE

Report based on the results of the battery of physical trials carried out by the participants.

INTER-TEAM TOURNAMENT

Between the working groups and other campuses.

SKILLS DEVELOPMENT PROGRAM:

Individual offensive technical and tactical methods: striking, controlling and propelling the ball.

Individual defensive technical and tactical methods: marking, tackling, intercepting, deflecting and clearing.

Group offensive technical and tactical methods: supporting, shaking off opponents, changing the angle of attack and timing, circulating the ball, creating and moving into space and playing systems.

Group defensive technical and tactical methods: defensive strategy, covering, switching, redeploying and off-side.

Work adapted to different areas of play.

Specific work for goalkeepers: moving and positioning, blocking and receiving, parrying, clearing and intercepting, putting the ball into play, kicking the ball and offensive throws, agility, coordination and speed of reaction.



★ EURO 2008 ★

★ WORLD CUP 2010 ★

★ EURO 2012 ★

GENERAL Information

In addition to the information available in this brochure, the RFEF Foundation is at the disposal of participants and their families to provide more information about the Campuses.

ARRIVAL AND PICK-UP

INTERNATIONAL RESIDENTIAL SOCCER SKILLS CAMPUS - RESIDENTIAL OPTION

Participants are asked to arrive at the RFEF Residence at the City of Football, **Avenida de Esparta, Las Rozas, Madrid**, between 12:30h and 13:00h on **June 26th** for the first session or **July 10th** for the second session. Participants should be picked up at the same place between 10:30h and 11:00h on **July 09th** for the first session or **July 23th** for the second session. Punctuality is requested.

GENERAL SOCCER CAMPUS - RESIDENTIAL OPTION

Participants are asked to arrive at the RFEF Residence at the City of Football, **Avenida de Esparta, Las Rozas, Madrid**, between 12:30h and 13:00h on **June 26th** and should be picked up at the same place between 10:30h and 11:00h on **July 09th**. Punctuality is requested.

INTERNATIONAL RESIDENTIAL SOCCER SKILLS CAMPUS - NON-RESIDENTIAL OPTION

Participants will arrive at the City of Football, **Avenida de Esparta, Las Rozas, Madrid**, and be picked up at the same place on **27th, 28th, 29th, 30th June and 1st, 4th, 5th, 6th, 7th, 8th July** for the first session and on **11th, 12th, 13th, 14th, 15th, 18th, 19th, 20th, 21st, 22nd July** for the second session both in the hours of 10:00h for checkin and 19:00h for checkout.

GENERAL SOCCER CAMPUS - NON-RESIDENTIAL OPTION

Participants will arrive at the City of Football, **Avenida de Esparta, Las Rozas, Madrid**, and be picked up at the same place on **27th, 28th, 29th, 30th June and 1st July** for the first session and on **4th, 5th, 6th, 7th, 8th July** for the second session both in the hours of 10:00h for checkin and 19:00h for checkout.

CAMPUS DE FÚTBOL GENERAL EXTERNOS MAÑANAS

Participants will arrive at 10:00h at the entrance of the RFEF Sports Hall at the City of Football, **calle Ramón y Cajal Las Rozas, Madrid**, and be picked up at the same place at 14:00h on **27th, 28th, 29th, 30th June and 1st July** for the first session and on **4th, 5th, 6th, 7th, 8th July** for the second session.

Childcare Service: All participants who have requested this service will be presented at 09:00 in the sports of the RFEF Soccer City in Las Rozas (Madrid) in Calle Ramon y Cajal s/n.



ACCOMMODATION AND MEALS

Accommodation is on a full board basis and includes breakfast, lunch, afternoon tea and dinner. As sport requires a lot of physical energy it is essential that participants eat well. We know that the food will be different to what they are used to at home but the meals are perfectly balanced and controlled by our nutritionists and contain all the proteins, vitamins and calories required. Those participants who suffer from allergies or follow a diet must notify us of this on the registration form so that suitable meals can be prepared.

In order to ensure a positive experience for all, participants must take care of their personal hygiene. They must bring a toothbrush, toothpaste, comb or hairbrush, soap and shampoo.

The monitors will collect the children's used clothes and send them to the laundry once, halfway through the campus, and will return them when they have been cleaned.



SPORTS ACTIVITIES

Our coaches are all highly qualified. They belong to the Spanish Football Federation (RFEF) and are therefore specialists in sports training. They will teach participants how to play and to improve their style, but most importantly they will teach them to work as a team.

We should not forget that this is a sports campus, so clothes must be comfortable and be marked with the name of the participant for the purposes of identification.

The following articles are essential for the participants in the campuses:

- Track shoes and football boots
- T-shirts, shorts and socks for sports activities.
- Cap; swimming costume, flip-flops and pool towel.
- Sun cream and lip salve.





LEISURE AND FREE TIME ACTIVITIES

The campuses include a visit to the Museum of the Spanish National Football Team and a tour of the Santiago Bernabéu Stadium or the Vicente Calderón Stadium. Participants will also enjoy the aquatic attractions of the Aquopolis Water Park in Villanueva de la Cañada and visit the Warner Bros Park in Madrid.



★ EURO 2008

★ WORLD CUP 2010

★ EURO 2012

RULES FOR RESIDENTIAL PARTICIPANTS

To ensure maximum enjoyment of the campus and, above all, to ensure the safety of the participants, certain rules must be obeyed:

- Timetables must be respected
- Mobile phones must not be used
- Participants must not change rooms once these have been assigned nor leave the room after bedtime nor attempt to leave the Residence
- Participants must not hit, intimidate or insult other participants
- Participants must not smoke or consume alcohol
- Participants must respect the facilities
- Participants must not steal other people's property or use it without permission
- Should any participant fail to obey any of the rules stipulated above or any other similar rules, he or she will be reprimanded or expelled

Furthermore, it is also important to bear in mind the following:

- Each participant must inform his/her assigned monitor of his/her whereabouts at all times
- If a participant has any problems or experiences any unpleasant behavior, he/she should inform his/her monitor immediately and the monitor will attempt to resolve the problem
- When arriving at the campus, participants should hand all of their money to their monitor, who will look after it and give them any amount needed upon request
- Participants are advised not to bring any valuables which may be lost or forgotten. Each participant must assume responsibility for looking after his or her belongings





HEALTH CARE

The RFEF Foundation will take out insurance to cover sports accidents and injuries for all participants. However, participants must show that they have health insurance to cover everyday health issues (National Insurance, Sanitas, Adeslas, etc.).



CANCELLATIONS CAMPS

Until May 31, 2016, will be refunded 60% of the amount paid on Campus, provided it has been fully paid. From this date there will be no right to a refund of any amount.

When a participant can not participate or have to leave the campus for reasons of injury or illness, it is later reimbursed 40€ per day not enjoyed in the case of internal camp mode and 20€ per day not enjoyed in the case of external camp mode, drop any reason other than described above, would not be entitled to any refund.

CONTACT WITH THE FAMILY

Residential participants and their families can contact each other by mobile phone from **22:00h to 23:00h**. Mobiles may only be turned on and used between these times. If they are used at any other time they will be confiscated until the end of the Campus. If relatives require any information at any other time they can contact the RFEF Foundation switchboard between **9:00h and 18:00h** by phoning **(+34) 91 495 98 00** and asking for **extension 851**. In **URGENT** cases outside these times, they can phone the Residence switchboard on **(+34) 91 495 98 50**.

In order not to interrupt the smooth running of the Campus and to foster team spirit and personal development, the parents and relatives of residential participants are **FORBIDDEN** from visiting any of the facilities used during the Campus. This prohibition can be revoked by means of an authorization issued by the RFEF Foundation in an **EMERGENCY**. Participants who wish to leave the Campus for reasons of force majeure must prove that they have the consent of their parents or guardians.



CIUDAD del FÚTBOL

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